

Name: _____

Amen Child/Teen General Symptom Checklist

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

0	1	2	3	4	NA
Never	Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known

Ch/Tn Parent

- | | | |
|-------|-------|---|
| _____ | _____ | 1. depressed or sad mood |
| _____ | _____ | 2. not as much interest in things that are usually fun |
| _____ | _____ | 3. significant recent weight or appetite changes |
| _____ | _____ | 4. recurrent thoughts of death or suicide |
| _____ | _____ | 5. sleep changes, lack of sleep or marked increase in sleep |
| _____ | _____ | 6. low energy or feelings of tiredness |
| _____ | _____ | 7. feelings of being worthless, helpless, hopeless or guilty |
| _____ | _____ | 8. plays alone or appears socially withdrawn |
| _____ | _____ | 9. cries easily |
| _____ | _____ | 10. negative thinking |
| _____ | _____ | 11. periods of an elevated, high or irritable mood |
| _____ | _____ | 12. periods of a very high self esteem or big thinking |
| _____ | _____ | 13. periods of decreased need for sleep without feeling tired |
| _____ | _____ | 14. more talkative than usual or feel pressure to keep talking |
| _____ | _____ | 15. fast thoughts or frequent jumping from one subject to another |
| _____ | _____ | 16. easily distracted by irrelevant things |
| _____ | _____ | 17. marked increase in activity level |
| _____ | _____ | 18. cyclic periods of angry, mean or violent behavior |
| _____ | _____ | 19. periods of time where you feel intensely anxious or nervous |
| _____ | _____ | 20. periods of trouble breathing or feeling smothered |
| _____ | _____ | 21. periods of feeling dizzy, faint or unsteady on your feet |
| _____ | _____ | 22. periods of heart pounding, fast heart rate or chest pain |
| _____ | _____ | 23. periods of trembling, shaking or sweating |
| _____ | _____ | 24. periods of nausea, abdominal upset or choking |
| _____ | _____ | 25. intense fear of dying |
| _____ | _____ | 26. lacks confidence in abilities |
| _____ | _____ | 27. needs lots of reassurance |
| _____ | _____ | 28. needs to be perfect |
| _____ | _____ | 29. seems fearful and anxious |
| _____ | _____ | 30. seems shy or timid |
| _____ | _____ | 31. easily embarrassed |
| _____ | _____ | 32. sensitive to criticism |
| _____ | _____ | 33. bites fingernails or chews clothing |
| _____ | _____ | 34. persistent refusal to go to school |
| _____ | _____ | 35. excessive fear of interacting with other children or adults |
| _____ | _____ | 36. persistent, excessive fear (heights, closed spaces, specific animals, etc.) please list _____ |
| _____ | _____ | 37. excessive anxiety concerning separation from home or from those to whom the child is attached. |
| _____ | _____ | 38. recurrent bothersome thoughts, ideas or images which you try to ignore |
| _____ | _____ | 39. trouble getting "stuck" on certain thoughts, or having the same thought over and over |
| _____ | _____ | 40. excessive or senseless worrying |
| _____ | _____ | 41. others complain that you worry too much or get "stuck" on the same thoughts |
| _____ | _____ | 42. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling |
| _____ | _____ | 43. needing to have things done a certain way or you become very upset |

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- ___ 44. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire, etc.),
please list _____
- ___ 45. recurrent distressing dreams of a past upsetting event
- ___ 46. feelings of reliving a past upsetting event
- ___ 47. spend effort avoiding thoughts or feelings related to a past trauma
- ___ 48. feeling that your future is shortened
- ___ 49. startle easily
- ___ 50. feel like you're always watching for bad things to happen
- ___ 51. refusal to maintain body weight above a level most people consider healthy
- ___ 52. intense fear of gaining weight or becoming fat even though underweight
- ___ 53. feelings of being fat, even though you're underweight
- ___ 54. recurrent episodes of eating large amounts of food
- ___ 55. a feeling of lack of control over eating behavior
- ___ 56. engage in activities to eliminate excess food, such as self induced vomiting, laxatives,
strict dieting or strenuous exercise
- ___ 57. persistent worry with body shape and weight
- ___ 58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head
jerking or picking). How long have motor tics been present? _____ How often? _____
describe _____
- ___ 59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling,
swearing). How long have verbal tics been present? _____ How often? _____
describe _____
- ___ 60. repetitive, seemingly driven motor behavior (e.g., hand shaking or waving, body rocking, head
banging, mouthing of objects, self-biting, picking at skin or bodily orifices, hitting own body) that
interferes with normal activities or results in self-inflicted bodily injury that requires medical treatment
(or would result in an injury if preventive measures were not used).
- ___ 61. passage of feces in inappropriate places (e.g., clothing or floor).
- ___ 62. bed wetting. If present, how often? _____
- ___ 63. failure to speak in specific social situations (in which there is an expectation for speaking, e.g.,
at school) despite speaking in other situations.
- ___ 64. delusional or bizarre thoughts (thoughts you know others would think are false)
- ___ 65. visual hallucination, seeing objects or images are not really present
- ___ 66. hearing voices that are not really present
- ___ 67. odd behaviors
- ___ 68. poor personal hygiene or grooming
- ___ 69. inappropriate mood for the situation (i.e., laughing at sad events)
- ___ 70. frequent feelings that someone or something is out to hurt you
- ___ 71. problems with social relatedness before the age of 5, either by failing to respond appropriately
to others or becoming indiscriminately attached to others
- ___ 72. multiple changes in caregivers before the age of 5
- ___ 73. steals
- ___ 74. bullies, threatens, or intimidates others
- ___ 75. initiates physical fights
- ___ 76. cruel to animals
- ___ 77. force others into things they do not want to do (sexually or criminally)
- ___ 78. sets fires
- ___ 79. destroys property
- ___ 80. break in to others home, school, car or place of business
- ___ 81. lies
- ___ 82. stays out at night despite parental prohibitions
- ___ 83. runs away overnight
- ___ 84. cuts school
- ___ 85. doesn't seem sorry for hurting others
- ___ 86. negative, hostile, or defiant behavior

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- ___ 87. loses temper
- ___ 88. argues with adults
- ___ 89. actively defies or refuses to comply with adults' requests or rules
- ___ 90. deliberately annoys people
- ___ 91. blames others for his or her mistakes or misbehavior
- ___ 92. touchy or easily annoyed by others
- ___ 93. angry and resentful
- ___ 94. spiteful or vindictive

- ___ 95. impairment in communication as manifested by at least one of the following:
 - delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
 - in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
 - repetitive use of language or odd language
 - lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level

- ___ 96. impairment in social interaction, with at least two of the following:
 - marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
 - failure to develop peer relationships appropriate to developmental level
 - lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)
 - lack of social or emotional reciprocity

- ___ 97. repetitive patterns of behavior, interests, and activities, as manifested by at least one of following:
 - preoccupation with an area of that is abnormal either in intensity or focus
 - rigid adherence to specific, nonfunctional routines or rituals
 - repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
 - persistent preoccupation with parts of objects

- ___ 98. stutters
- ___ 99. feel tired during the day
- ___ 100. feel cold when others feel fine or they are warm
- ___ 101. often feel warm when others feel fine or they are cold
- ___ 102. problems with brittle or dry hair
- ___ 103. problems with dry skin
- ___ 104. problems with sweating
- ___ 105. problems with chronic anxiety or tension